



FOR IMMEDIATE RELEASE

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ROCKVILLE FINANCIAL, INC. ANNOUNCES FIFTH DIVIDEND

ROCKVILLE, CONN., AUGUST 10, 2007 – Rockville Financial, Inc. (NASDAQ Global Select Market "RCKB"), the parent of Rockville Bank, announced its fifth dividend since becoming a public company in Spring 2005. The dividend, in the amount of \$0.04 per share, will be payable on August 31, 2007 to shareholders of record as of the close of business on August 20, 2007.

"We are happy to announce our fifth cash dividend to shareholders," stated William J. McGurk, President and Chief Executive Officer of Rockville Bank. "We continue to enjoy solid growth because of our customers, businesses, employees, governance, communities, shareholders and others. We are committed to remaining independent and will continue our focus to provide superior customer service."

Rockville Bank is a 19-branch community bank serving Tolland and Hartford counties in Connecticut. It provides a convenient banking lifestyle for Coventry, East Hartford, East Windsor, Ellington, Enfield, Glastonbury, Manchester, Rockville, Somers, South Glastonbury, South Windsor, Suffield, Vernon, seven days a week in Tolland, and four Big Y supermarket locations. New full-service offices will open in East Windsor and Colchester later this year. For more information about Rockville Bank's services and products, call (860) 291-3600 or visit www.rockvillebank.com.

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