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ROCKVILLE FINANCIAL, INC. ANNOUNCES SIXTH DIVIDEND

ROCKVILLE, CONN., NOVEMBER 21, 2007 – Rockville Financial, Inc. (NASDAQ Global Select Market "RCKB"), the parent of Rockville Bank, announced its sixth dividend since becoming a public company in Spring 2005. The dividend, in the amount of \$0.04 per share, will be payable on December 3, 2007 to shareholders of record as of the close of business on November 26, 2007.

"We are happy to announce our sixth cash dividend to shareholders," stated William J. McGurk, President and Chief Executive Officer of Rockville Bank. "We are pleased to report that due in part to our continued expansion of our branch network, total assets have increased \$102.9 million, or 8.3%, to \$1.3 billion at September 30, 2007 from \$1.2 billion at December 31, 2006. We continue to enjoy solid growth due to our new branch locations in East Windsor and Enfield, as well as support from our customers, employees, governance, communities, shareholders and others. We are committed to remaining independent and will continue our focus on providing superior customer service."

Rockville Bank is a 20-branch community bank serving Tolland and Hartford counties in Connecticut. It provides a convenient banking lifestyle for Coventry, East Hartford, East Windsor, Ellington, Enfield, Glastonbury, Manchester, Rockville, Somers, South Glastonbury, South Windsor, Suffield, Vernon, seven days a week in Tolland, and four Big Y supermarket locations. A new full-service office will open in Colchester in 2008. For more information about Rockville Bank's services and products, call (860) 291-3600 or visit www.rockvillebank.com.

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